

NIHO'OLE'S STORY

A. Watch the video **A**, "Seal Stories" first. B.

Answer gray column(left) questions **B**. C. Start your activities on P1~P5. D.

What can you pledge to reduce **plastic debris**?

Watch the video on the right and study the key words! **B**

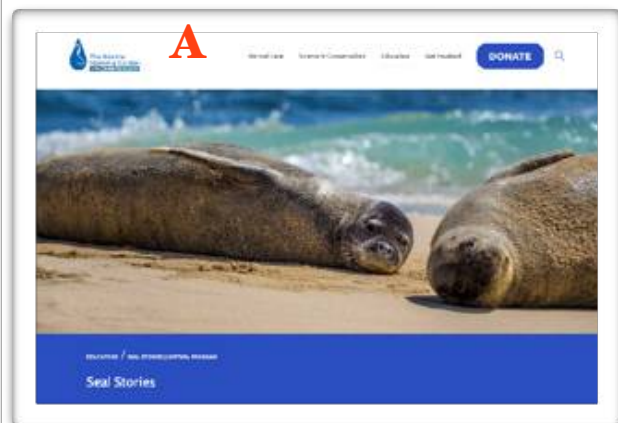
1. What is "**Pacific Garbage Patch**?"



2. Niho'ole: What is "**Derelict fishing gear**?"



3. **Take an Action:** How can you **avoid the single use of Plastic**?



Imagine yourself as "Niho'ole" in the video, how do you feel sleeping on pile of debris or tangled in ghost net? Place a check where you feel about?

Most Hawaiian monk seals live in the remote, uninhabited Northwestern Hawaiian Islands. Even though people don't live there, plastic pollution and marine debris accumulates in Hawaiian waters due to ocean currents. No matter where you live, we are all connected by one ocean.

Plastic lasts forever, and is a big threat to monk seal safety. Curious monk seals can get **entangled in or ingest trash**, which can be deadly.

How can you protect Hawaiian Monk Seals?

4. National Marine Sanctuary Foundation



Video

Watch the above video and write 2 things you were touched!

1. _____
2. _____

Watch the above video again and fill the blanks with right answers.

4. Marine Debris Removal mission was ___days long.
5. _____ pounds of Marine Debris were removed in the mission.
6. Those 5 garbage trucks let us understands that _____.
7. What did one of the speaker say he is going to put as #1 priority?
 "I didn't necessarily put those things in water but I'm in part of the system that sourced those things.; so what within my immediate reach can I do that I have control over?"

View the video once again and let's find our solutions!

Activities:

1. Pacific Garbage Patch

1. Notice what's on the beach.
2. Zoom in closely on items you're curious about. Do you recognize what they are? How do you think they get there?
3. What do you wonder about this place?
4. What is the difference in the two photos below



VS



2. Niho'ole and others

1. If Marine animals consume plastic in the water colucolumn (area from the surface to the bottom), what might that do to the food web?
2. Imagine where Niho'ole gets the food from? What does he eat, how deep does he dive to eat?
4. Play the Bingo game on P3 to get some ideas to get to your SOLUTIONS.



BINGO

<p>USE A REFILLABLE WATER BOTTLE</p> 	<p>REUSE PLASTIC FOR AN ART PROJECT</p> 	<p>BRING YOUR OWN REUSABLE BAG TO USE AT THE STORE</p> 	<p>SWITCH TO BAR SOAP INSTEAD OF LIQUID SOAP</p> 	<p>STORE LEFTOVERS IN A REUSABLE CONTAINER RATHER THAN PLASTIC WRAP OR BAGS</p> 
<p>SUPPORT A BUSINESS THAT USES ECO-FRIENDLY PACKAGING MATERIALS</p> 	<p>SHARE THIS BINGO WITH A FAMILY MEMBER TO DO WITH YOU</p> 	<p>FIND A BEACH, WATERWAY OR PARK NEAR YOU AND HELP COLLECT TRASH</p> 	<p>SHOP AND SUPPORT YOUR LOCAL FARMERS MARKET (FRESH FOOD TYPICALLY HAS LESS PACKAGING)</p> 	<p>PURCHASE FOOD FROM A BULK BIN TO AVOID PLASTIC PACKAGING</p> 
<p>SHARE THIS BINGO WITH A FRIEND TO DO WITH YOU</p> 	<p>SHARE ON SOCIAL MEDIA HOW YOU ARE REDUCING YOUR PLASTIC USE</p> 		<p>CARRY YOUR OWN CONTAINER FOR TAKE-OUT FOOD</p> 	<p>USE BAMBUO OR REUSABLE UTENSILS RATHER THAN SINGLE-USE PLASTIC</p> 
<p>CONDUCT A HOME WASTE AUDIT AND IDENTIFY HOW MUCH PLASTIC YOU USE</p> 	<p>CONDUCT A TRAVEL WASTE AUDIT FOR WHAT MATERIALS YOU BRING WITH YOU WHEN YOU TRAVEL</p> 	<p>FORM A TEAM AT SCHOOL OR WORK TO GET MORE PEOPLE WORKING TO REDUCE PLASTIC</p> 	<p>TALK TO YOUR FAVORITE RESTAURANT ABOUT REDUCING THEIR SINGLE-USE PLASTIC</p> 	<p>TALK TO YOUR COMMUNITY LEADERS ABOUT IMPLEMENTING NEW POLICIES TO REDUCE PLASTIC PRODUCTION</p> 
<p>ADD YOUR OWN ACTION HERE!</p> 	<p>ADD YOUR OWN ACTION HERE!</p> 	<p>ADD YOUR OWN ACTION HERE!</p> 	<p>ADD YOUR OWN ACTION HERE!</p> 	<p>ADD YOUR OWN ACTION HERE!</p> 

**Advocacy tree!
(A thinking tool)**

Topic: Plastic Waste



Next: Analyze:

LEAVES: what benefits do you see?

TRUNK: why does each issue exist?

ROOTS: why is each issue hard to change?



Answer W questions:

LEAVES: what benefits do you see?

TRUNK: why does each issue exist?

ROOTS: why is each issue hard to change?



Find solutions:

LEAVES: what benefits do you see?

TRUNK: why does each issue exist?

ROOTS: why is each issue hard to change?



3. Take an Action:

Plastic Waste audit

1. What's in your KITCHEN trash? At the end of each day, empty the trash on the kitchen and list the plastic items and each source! (Samples are in the folder.)



Day 1-5	Items	Source
DAY 1		
DAY 2		
DAY 3		
DAY 4		
DAY 5		

2. Data Analysis

- a. What is/are the change(s) you would like to see?
- b. How will you help keep yourself and your family motivated and committed to create this change?

3. What can you do within your reach to reduce Plastic Pollution to save Hawaiian Monk Seals? Make your pledge into campaign using Anime on P7 and send a copy to kazama982@gmail.com

I pledge to _____

to reduce Plastic waste!!

Title:

1	2
3	4
5	6
7	8
9	10

References:



References:



References:

EX: Kokua Foundation + Sustainable Coastlines Hawaii Beach clean ups 1-20-2025



References:



What did "OUR" Jack Johnson suggest before beach clean up?

