

Proposal

Activity 1: Teaching

Aim:

To properly educate 4th and 5th grade elementary students about first aid and basic self-healthcare. We want the students to know how to handle emergency situations and how to be able to cooperate with paramedics in a calm manner in order to ensure the best possible outcome of an emergency situation.

Who are we teaching to?

4th and 5th grade elementary students.

What are we teaching?

1. Identifying common medical emergencies
 - a. Strokes - symptoms and what to do
 - b. Seizures - symptoms and what to do
 - c. Heart attack - symptoms and what to do
 - d. Panic attack - symptoms and what to do
 - e. Asthma attack- symptoms and what to do
2. How to help someone who is
 - a. Choking
 - b. Heart Attack
 - c. Suffocating?
3. What to do and who to ask help from?

When?

TBD

Where?

Zoom / Google Meet (online seminar)

How?

We are going to make an informational video about all our teaching material. Then, we present our video to the students through online meetings where we can answer their questions. We are also going to host different activities and games for the students to learn effectively, as well as a way to evaluate the effectiveness of our teachings.

Lesson Plan:

1. How to perform CPR
2. What to do in situations of drowning, choking

Activity 2: Fundraising

Aim:

NGO;

How:

When:

Where:

Pricing: